

SMI Surgery Center



Welcome to SMI Surgery Center

Your physician has referred you for treatment or diagnostic studies related to your condition. We're looking forward to treating you.

Before your scheduled appointment, please read over this brochure carefully and call us at (858) 633-0401. One of our nurses will also follow up with you a few days before your procedure to obtain your health history, provide you with pre-operative instructions and answer any questions you may have.

Your appointment is scheduled for:

Day: _____

Date: ____/____/____ Arrival Time: _____

Treating Physician: _____

If you need to cancel your appointment, please call us at (858) 633-0401 the day before your scheduled surgery.

Preparing for Your Procedure

- **Plan to arrive approximately 1½ hours before your procedure time.** This time is required to complete your paperwork, obtain a health history, and prepare you for your procedure. Your exact arrival time will be given to you by the center's nurse the day before your procedure. If you do not hear from us by the day before you're scheduled, please call us at (858) 633-0401.
- **You must have a responsible adult to bring you in and take you home.** If you have no driver, your appointment will be cancelled. In some cases, the responsible adult may have to stay with you for several hours after the procedure. If using public transportation (i.e. taxi), you must have an adult accompany you. If you have received sedation, you will not be permitted to take a taxi or other public transportation home. Your doctor will give you specific instructions on the day of your procedure as to when you can return to work.
- **Bring a list of your current medications and drug allergies.** If you are taking Coumadin, Plavix, Aspirin or anti-inflammatory medication (i.e. ibuprofen, Aleve), please call the pre-op nurse immediately at (858) 633-0401. Please also give us a call if you think you are pregnant.
- **Leave all valuables and jewelry at home.**
- **Wear loose, comfortable clothing** such as elastic waist pants, a T-shirt and slip-on shoes.
- **Please do not wear makeup or nail polish.**
- **Stop eating solid food or drinking any fluids 12 hours prior to your scheduled procedure time.** If you are taking daily heart or blood pressure medications, continue taking them, including the day of the procedure, with a sip of water. The physician will discuss with you the type of sedation options available. In order to administer sedation or anesthesia, you must have an empty stomach.

- **You will need to bring your insurance and identification cards with you.** Also bring a photo ID.
- **MasterCard, Visa and Discover** are accepted by the facility. Debit cards, cash, cashier's checks, certified checks and money orders are also accepted.
- **Self pay patients will be required to pay for services on or before the admission date unless other arrangements have been made.**
- **In the event any of the above requirements cannot be met, the facility will attempt to make other financial arrangements.** These arrangements must be approved by the Administrator. If you have questions about financial arrangements, please call us at (858) 633-0401.

If you have any quality of care or safety concerns about this center, please contact the center's management. If management cannot resolve the problem, please notify Joint Commission at 1-800-994-6610 or complaint@jointcommission.org.

The physician who refers you to this surgery center may have an ownership interest in the facility. You are free to choose another facility in which to receive services.

This facility and its services are accessible to persons with disabilities.

This facility has agreed to comply with the provisions of the Federal Civil Rights Act of 1964 and all requirements imposed pursuant thereof to the end that no person shall, on the grounds of race, color, national origin, ancestry, age, sex, religious creed or disability, be excluded from participation in, be denied benefits of, or otherwise be subject to discrimination in the provision of any care or service.

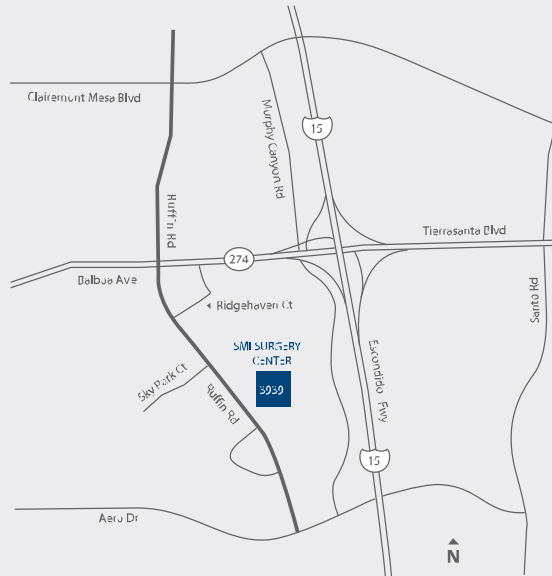
After Your Procedure

- Go home and rest as soon as you leave the center.
- Do not drive, consume alcohol, operate machinery or make important legal decisions for 24 hours or while taking pain medication.
- Your reflexes and mental ability may be impaired even though you may feel normal.
- You may feel dizzy, lightheaded and sleepy; you may have a sore throat for 24 hours or more.
- Drink at least 8 glasses of water each day to stay hydrated unless you are nauseated or vomiting.
- If you can drink fluids without nausea or vomiting then it's OK to eat solid food.
- If it has been more than 8 hours since you last urinated or if you're experiencing abdominal discomfort and are unable to empty your bladder completely, please have someone drive you to the nearest urgent care center or emergency room.

Notify your doctor immediately if you experience any of the following conditions:

- Temperature > 101°, chills, shaking, shivers
- Nausea or vomiting after 24 hours
- Surgical dressings dripping blood
- An extremity that is swollen twice its normal size after keeping it elevated and iced
- An extremity that feels cold or numb or is bluish in color (if you weren't given local anesthesia)
- A surgery center nurse will call you the following day regarding your stay.

In case of emergency, call 9-1-1 immediately.



Please visit www.smisurgerycenter.com/directions for more detailed driving directions.



3939 Ruffin Road, Suite 100
San Diego, CA 92123

Ph: (858) 633-0401

Fax: (858) 633-0408

www.smisurgerycenter.com



Patient Information

